



# STEREOTYPES OF EATING HABITS ABROAD

by Marianthi (GR)...





# STEREOTYPES OF EATING HABITS ABROAD

let`s begin with France...



◎ It is said that the French, and especially French women, suffer from overstated elegance! Few of them are classified overweight, and it looks like the cue “The thickness of my beauty my dear!”, actually pass!

◎First of all , as humble as their dinner may be, they finish with a classical cup of coffee, they will pave a tablecloth and use cloth napkins, enjoying all the charm of the dinning ritual.

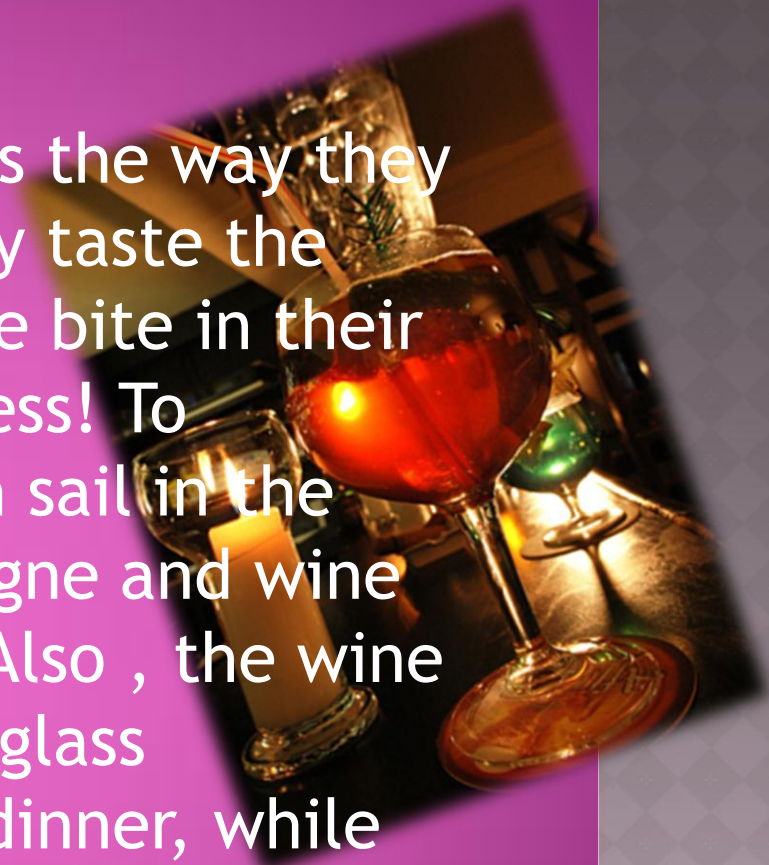




©Secondly , they chew slowly their food. But since their food is served in small portions, they chew in small bites. Thus, they facilitate digestion and cut calories to the limited size portions.



◎ Of course, all the main idiom is the way they eat and drink. In addition, they taste the wine in small sips, churning the bite in their mouth and repeating the process! To continue with that, the French sail in the world of bubbles, and champagne and wine are the basis for their drinks .Also , the wine accompanies each meal and a glass accompanies a two-hour long dinner, while increasing the metabolic activity of the body.



- ◎ These were some of the stereotypes that exist around the nutritional habits of French people. Surely , if these stereotypes exist, that is something they only know for themselves.



**THE END...**

By Marianthi Kakara GR/25/02/11

# INTERNATIONAL CLASSROOM



## Comments to the PPT Stereotypes of eating habits abroad

- Comment 1 > Dear Marianthi ! Well done ! Indeed, these are some stereotypes as seen from your point of view, which of course means that your statements might be seen in another way by the French. Let's see what French comments will show up in this file. Thank you !
- By **Mr Peter Doeleman (NL)** *date 01 03 2011*
- No other comments came in

# TYPICAL BELIEFS AND STEREOTYPES CONCERNING FOREIGN

E-twinning / 2010-2011

## NATIONALITIES





## 40 YEARS AGO IN GREEK SOCIETY

- © It was generally believed that 40 years ago in Greece, Greeks would let their daughters marry only if they had selected the grooms by themselves. In addition, the grooms also demanded dowry from their wife's parents.



- ◎ Another stereotype which appeared recently in the Greek community is that women's social status is extremely inferior to men's.

- ◎ In addition, a patriarchal family was a usual phenomenon in a society like the Greek one (1950's - 1960's).
- ◎ More over, during the first night after the wedding, the wife had to hang out the sheet on her balcony or her terrace to show her chastity ( this was an outrageous custom which thankfully was abolished by the time).

# AFTER 40 YEARS!

- ◎ Eventually , all those stereotypes do not apply to the present era! Now, we can live exactly as we want! So, one should feel happy that he/she did not live under those conditions. :)

THE END...  
A BRIEF INSIGHT INTO  
GREEK STEREOTYPES

# INTERNATIONAL CLASSROOM

## Comments

### Typical beliefs and stereotypes concerning Greece

- Comment 1 > Hej Marianthi ! Thank you for your words on Greek beliefs and some Greek stereotypes ! Lucky Greek people as some some habits no longer show up in present times.

By the way, do you believe that Dutch people really wear wooden shoes ?



- By Mr Peter Doeleman (NL) date 01 03 2011

# INTERNATIONAL CLASSROOM

## Comments

### Typical beliefs and stereotypes concerning Greece

- Comment 2 > hi Marianthi, your powerpoint presentation is very good. I like the brief insight into Greek stereotypes, in our country most of us didn't know these stereotypes of Greece yet! 😊
- By Anselma Emerenciana (NL) 02 04 2011

# INTERNATIONAL CLASSROOM

## Comments

### Typical beliefs and stereotypes concerning Greece

- Comment 3 >Thank you Marianthi! You are showing us how recent history has changed - to better when it comes to certain stereotypes. Women's situation has improved. Thumb up!
- By Ragnhild Krog /NO *date 06 04 2011*